

BREASTFEEDING SUPPORT RESOURCES

FORSYTH COUNTY, NC

Breastfeed Winston-Salem
www.breastfeedws.com

WIC Offices

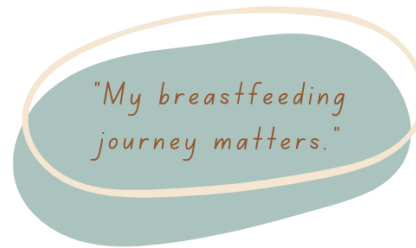
Forsyth County WIC

799 N Highland Ave, Winston-Salem, NC 27102
336-703-3336

FACEBOOK

Services:

- IBCLC on staff
- Breastfeeding classes
- Peer Counseling
- Pump loans



Hospitals

Novant Health Forsyth Medical Center

3333 Silas Creek Pkwy, Winston-Salem, NC 27103
Lactation Line: 336-277-3720

Certified Baby Friendly Hospital

Services:

- Childbirth and breastfeeding classes
- Lactation consultants available in outpatient clinic
- IBCLCs available in labor and delivery, inpatient lactation consultants for Mother Baby and NICU
- Warmline

Learn more about Novant [lactation support and Baby Cafe](#)





Atrium/Wake Forest

Medical Center Boulevard, Winston-Salem, NC
27157

336-716-6212

TheMothersNursingNook@wakehealth.edu

Services:

- Outpatient lactation consultants

Private practice lactation services

Hope Lactation

Hope Mikat, MS, RD, IBCLC

336-471-9341

Services:

- IBCLC on staff
- Fertility Awareness Method (FAM)



Nurturing Generations

Connie McLendon, MSN, MBA, RN, IBCLC, LCCE

support@nurturinggenerations.org

336-410-4768

Services

- Lactation consultants
- Lamaze Childbirth Education
- Online booking available

Birthing Boldly

Tiffany Slade

tiffany@birthingboldlyllc.com

336-347-8082

Services:

- Fertility, Birth, and Doula services
- Breastfeeding classes
- Breast pump rentals
- Telehealth and in-home visits
- Lactation/Nutrition and Mental Health therapy and counseling




Clinicians performing frenotomy

Spangler, Rohlfing, and Lambert Pediatric Dentistry

1544 N Peace Haven Rd, Winston-Salem, NC 27104
336-768-1332

Services:

- In-office Frenotomy with scissors or laser



Breastfeeding is
worth it for me and
my baby.

Postpartum doula services

Full Moon Doula & Massage

(336) 456-0616

Services:

- Prenatal, labor & delivery, postpartum, full-spectrum doula services

Warm Welcome Doula

warmwelcomemom@gmail.com

Learn more at www.breastfeedws.com!

